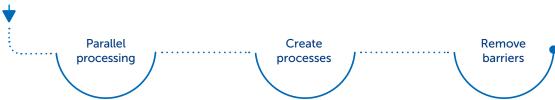


EngagePractice Tool



You can start building your new habit by trying the behaviors and activities below.

When engaging your team in bias mitigation, remember some techniques:



Try this:

Do less	Do more
 Make decisions only using your own perspective 	 Consider a third-party perspective
 Think only about here and now 	Take time and distance out of the equation
✓ Fear market changes	Focus on gains that could come from change

Habit builder:



Reflect:

Recall a team or business situation you created that was influenced by bias. Which bias was present? What decision did you make and why did you make that decision?



Expand:

Review the **Do more** actions and write down three ways you can help yourself pause to ensure you will mitigate bias by engaging your team.



Practice:

Looking at the **Do more** actions above, pick one action to try this week. Write down three situations you will try this action in.

Team practice:



Hold a team meeting to discuss past decisions where biases have impacted your team's decision making. Continue the discussion around how you can work as a team to establish strategies to mitigate these biases and how you can speak about bias in a non-threatening way during meetings. Write down your strategies in a shared document.

